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## Introduction to Field Theory

The purpose of this book, is two fold. Here I will to introduce Field Theory as a framework for the study of systems with a very large number of degrees of freedom,  $N \rightarrow \infty$ . On the other hand, I will also introduce and develop the tools that will allow us to treat such systems. Systems that involve a large (in fact *infinite*) number of *coupled* degrees of freedom arise in many areas of Physics, notably in High Energy and in Condensed Matter Physics, among others. Although the physical meaning of these systems and their symmetries are quite different, they actually have much more in common that it may seem beforehand. Thus, we will discuss, on the same footing, the properties of relativistic quantum field theories, classical statistical mechanical systems and condensed matter systems at finite temperature. This is a very broad field of study and we will not be able to cover it in great depth each area. Nevertheless we will learn that it is often that case that what is clear in one context can be brought to expand our knowledge in a different physical setting. We will focus on a few unifying themes, such as the construction of the ground state (the “vacuum”), the role of quantum fluctuations, collective behavior and the response of these systems to weak external perturbations.

### 1.1 Examples of Fields in Physics

A few examples of fields are the following:

#### *The electromagnetic field*

Let us consider a very large box of linear size  $L \rightarrow \infty$ , and the electromagnetic field enclosed inside it. At each point in space  $\vec{x}$  we can define a *vector* (which is a function of time as well)  $\mathbf{A}(\mathbf{x}, t)$  and a *scalar*  $A_0(\mathbf{x}, t)$ . These are the vector and scalar potentials. The physically observable electric field

$\mathbf{E}(\mathbf{x}, t)$  and the magnetic field  $\mathbf{B}(\mathbf{x}, t)$  are defined in the usual way

$$\mathbf{B}(\mathbf{x}, t) = \nabla \times \mathbf{A}(\mathbf{x}, t) \quad \vec{E}(\mathbf{x}, t) = -\frac{1}{c} \frac{\partial \mathbf{A}}{\partial t}(\mathbf{x}, t) - \nabla A_0(\mathbf{x}, t) \quad (1.1)$$

The time evolution of this dynamical system is determined by a *local* Lagrangian density (that we will consider later on). The equations of motion are just *Maxwell's equations*. Let us define the 4-vector field

$$A^\mu(x) = (A^0(x), \mathbf{A}(x)) \quad A^0 \equiv A_0 \quad (1.2)$$

where  $\mu = 0, 1, 2, 3$  are the time and space components. Here  $x$  stands for the 4-vector

$$x^\mu = (ct, \mathbf{x}) \quad (1.3)$$

Clearly, to every point  $x^\mu$  of Minkowski space-time  $\mathcal{M}$  we associate a value of the vector potential  $A^\mu$ . The vector potentials are ordered sets of four real numbers and hence are elements of  $\mathbb{R}^4$ . Thus a field configuration can be viewed as a mapping of the Minkowski space-time  $\mathcal{M}$  onto  $\mathbb{R}^4$ ,

$$A^\mu : \mathcal{M} \mapsto \mathbb{R}^4 \quad (1.4)$$

Since space-time is continuous we need an infinite number of 4-vectors to specify a configuration of the electromagnetic field, even if the box was finite (which is not). Thus we have a infinite number of degrees of freedom for two reasons: space-time is both continuous and infinite.

### *The elastic field of a solid*

Consider a three-dimensional crystal. A configuration of the system can be described by the set of positions of its atoms (relative to their equilibrium state), *i.e.*, the set of deformation vectors  $\mathbf{d}$  at every time  $t$ . Lattices are labelled by ordered sets of three integers and are equivalent to the set

$$\mathbb{Z}^3 = \mathbb{Z} \times \mathbb{Z} \times \mathbb{Z} \quad (1.5)$$

whereas deformations are given by sets of three real numbers, and are elements of  $\mathbb{R}^3$ . Hence a *crystal configuration* is a mapping

$$\mathbf{d} : \mathbb{Z}^3 \times \mathbb{R} \mapsto \mathbb{R}^3 \quad (1.6)$$

At length scales  $\ell$ , which are large compared with the lattice spacing  $a$  but small compared with the linear size  $L$  of the system, we can replace the lattice  $\mathbb{Z}^3$  by a *continuum* description in which the crystal is replaced by a continuum three-dimensional Euclidean space  $\mathbb{R}^3$ . Thus the dynamics of

the crystal requires a four-dimensional space-time  $\mathbb{R}^3 \times \mathbb{R} = \mathbb{R}^4$ . Hence the configuration space becomes the set of continuous mappings

$$\mathbf{d} : \mathbb{R}^4 \mapsto \mathbb{R}^3 \quad (1.7)$$

In this continuum description, the dynamics of the crystal is specified in terms of the displacement vector field  $\mathbf{d}(\mathbf{x}, t)$  and its time derivatives, the velocities  $\frac{\partial \mathbf{d}}{\partial t}(\mathbf{x}, t)$ , which define the mechanical state of the system. This is the starting point of the Theory of Elasticity. The displacement field  $\mathbf{d}$  is the elastic field of the crystal.

*The order-parameter field of a ferromagnet*

Let us consider now a ferromagnet. This is a physical system, usually a solid, in which there is a local average magnetization field  $\mathbf{M}(\mathbf{x})$  in the vicinity of a point  $\mathbf{x}$ . The local magnetization is simply the sum of the local magnetic moments of each atom in the neighborhood of  $\mathbf{x}$ . At scales long compared to microscopic distances (the interatomic spacing  $a$ ),  $\mathbf{M}(\mathbf{x})$  is a continuous real vector field. In a number of situations of interest, the magnitude of the local moment does not fluctuate but its local orientation does. Hence, the local state of the system is specified locally by a three-component unit vector  $\mathbf{n}$ . Since the set of unit vector is in one-to-one correspondence with the points on a sphere  $S^2$ , the configuration space is equivalent (isomorphic) to the sets of mappings of Euclidean three-dimensional space onto  $S^2$ ,

$$\mathbf{n} : \mathbb{R}^3 \mapsto S^2 \quad (1.8)$$

In an ordered state the individual magnetic moments become spontaneously oriented along some direction. For this reason, the field  $\mathbf{n}$  is usually said to be an *order parameter field*. In the the Theory of Phase Transitions, the order parameter field represents the important degrees of freedom of the physical system, *i.e.*, the degrees of freedom that drive the phase transition.

*Current distribution of a charged fluid*

Charged fluids can be described in terms of a hydrodynamic picture. In hydrodynamics one specifies the charge density  $\rho(\mathbf{x}, t)$  and the current density  $\mathbf{j}(\mathbf{x}, t)$  near a space-time point  $x^\mu$ . The charge and current densities can be represented in terms of the 4-vector  $j^\mu$

$$j^\mu(x) = (c \rho(\mathbf{x}, t), \mathbf{j}(\mathbf{x}, t)) \quad (1.9)$$

where  $c$  is a suitably chosen speed (generally not the speed of light!). Clearly, the configuration space is the set of maps

$$j^\mu : \mathbb{R}^4 \mapsto \mathbb{R}^4 \quad (1.10)$$

In general we will be interested both in the dynamical evolution of such systems and in their large-scale (thermodynamic) properties. Thus, we will need to determine how does a system which, at some time  $t_0$  is in some initial state, manage to evolve to some other state after some time  $T$ . In Classical Mechanics, the dynamics of any physical system can be described in terms of a *Lagrangian*. The Lagrangian is a *local functional* of the field and of its space and time derivatives. Locality here means that the equations of motion can be expressed in terms of partial differential equations. In other terms, we do not allow for “action-at-a-distance”, but only local evolution. Similarly, the thermodynamic properties of these systems are governed by a local energy functional, the *Hamiltonian*. That the dynamics is determined by a Lagrangian means that the field itself is regarded as a mechanical system to which the standard laws of Classical Mechanics apply. Hence, classically the wave equations are the equations of motion of the field. This point of view will also tell us how to quantize a field theory.

## 1.2 Why Quantum Field Theory

From a historical point of view, quantum field theory arose as an outgrowth of research in the fields of nuclear and particle physics. In particular, Dirac’s theory of electrons and positrons was, perhaps, the first quantum field theory. Nowadays, quantum field theory is used, both as a picture and as a tool, in a wide range of areas of physics. In this course, I will not follow the historical path in the way quantum field theory was developed. By and large, it was a process of trial and error in which the results had to be reinterpreted *a posteriori*. The introduction of quantum field theory as the general framework of particle physics implied that the concept of *particle* had to be understood as an *excitation* of a *field*. Thus *photons* become the quantized excitations of the electromagnetic field with particle-like properties (such as momentum, etc.), as anticipated by Einstein’s 1905 paper on the photoelectric effect. Dirac’s theory of the electron implied that even such “conventional” particles should also be understood as the *excitations of a field*.

The main motivation of these developments was the need to reconcile, or *unify*, Quantum Mechanics with Special Relativity. In addition, the experimental discoveries of the spin of the electron and of electron-positron creation by photons, showed that not only the Schrödinger equation was inadequate to describe such physical phenomena, but the very notion of a

particle itself had to be revised. Indeed, the Schrödinger Equation

$$H\Psi = i\hbar\frac{\partial\Psi}{\partial t} \quad (1.11)$$

where  $H$  is the Hamiltonian

$$H = \frac{\hat{\mathbf{p}}^2}{2m} + V(\mathbf{x}) \quad (1.12)$$

and  $\hat{\mathbf{p}}$  is the momentum represented operator as a differential operator

$$\hat{\mathbf{p}} = \frac{\hbar}{i}\nabla \quad (1.13)$$

acting on the Hilbert space of wave functions  $\Psi(\mathbf{x})$ .

However, the Schrödinger Equation is invariant under Galilean transformations, provided the potential  $V(\mathbf{x})$  is constant, but not under general Lorentz transformations. Hence, Quantum Mechanics as described by the Schrödinger Equation, is not compatible by the requirement that physical phenomena must be identical to all inertial observers. In addition, it cannot describe pair-creation processes as the number of particles is strictly conserved.

Back in the late 1920's, two apparently opposite approaches were proposed to solve these problems. We will see later on that these approaches actually do not exclude each other. The first approach was to stick to the basic structure of “particle” Quantum Mechanics and to write down a relativistically invariant version of the Schrödinger equation. Since in Special Relativity the natural Lorentz scalar involving the energy  $E$  of a particle of mass  $m$  is  $E^2 - (\mathbf{p}^2c^2 + m^2c^4)$ , it was proposed that the wave functions should be solutions of the equation (the “square” of the energy)

$$\left[ \left( i\hbar\frac{\partial}{\partial t} \right)^2 - \left( \left( \frac{\hbar c}{i}\nabla \right)^2 + m^2c^4 \right) \right] \Psi(\mathbf{x}, t) = 0 \quad (1.14)$$

This is the Klein-Gordon equation. This equation is invariant under the Lorentz transformations,

$$x^\mu = \Lambda^\mu_\nu x'^\nu \quad x^\mu = (x_0, \vec{x}) \quad (1.15)$$

provided that the “wave function”  $\Psi(x)$  is also a scalar (*i.e.*, invariant) under Lorentz transformations

$$\Psi(x) = \Psi'(x') \quad (1.16)$$

However, it soon became clear that the Klein-Gordon equation was not compatible with a particle interpretation. In addition, it cannot describe

particles with spin. In particular the solutions of the Klein-Gordon equation have the (expected) dispersion law

$$E^2 = \mathbf{p}^2 c^2 + m^2 c^4 \quad (1.17)$$

which implies that there are positive and negative energy solutions

$$E = \pm \sqrt{\mathbf{p}^2 c^2 + m^2 c^4} \quad (1.18)$$

From a “particle” point of view, negative energy states are unacceptable since they would imply that there is no ground state. We will see below that in quantum field theory there is a natural and simple interpretation of these solutions, and that in no way make the system unstable. However, the meaning of the negative energy solutions was unclear in the early thirties.

Since the “negative energy solutions” came from working with the “square” of  $H$ , Dirac proposed to look for an equation which was *linear* in derivatives. In order to be compatible with Special Relativity, the equation must be *covariant* under Lorentz transformations, *i.e.*, it should have the same form in all reference frames. Dirac proposed a *matrix* equation which is linear in derivatives and the “wave function”  $\Psi(x)$  thus became a four-component vector, a 4-spinor  $\Psi_a(x)$  (with  $a = 1, \dots, 4$ )

$$i\hbar \frac{\partial \Psi_a}{\partial t}(x) + \frac{\hbar c}{i} \sum_{j=1}^3 \alpha_j^{ab} \partial_j \Psi_b(x) + mc^2 \beta_{ab} \Psi_b(x) = 0 \quad (1.19)$$

where  $\alpha_j$  and  $\beta$  are four  $4 \times 4$  matrices. For this equation to be *covariant* it is necessary that the 4-spinor field  $\psi$  transforms like a *spinor* under Lorentz transformations

$$\Psi'_a(\Lambda x) = S_{ab}(\Lambda) \Psi_b(x) \quad (1.20)$$

where  $S(\Lambda)$  is a suitable *unitary* matrix. The matrices  $\alpha_j$  and  $\beta$  have to be pure numbers independent of the reference frame. By further requiring that the iterated form of this equation (*i.e.*, the “square”) satisfies the Klein-Gordon equation for each component separately, Dirac found that the matrices have to obey the (Clifford) algebra

$$\begin{aligned} \{\alpha_j, \alpha_k\} &= 2\delta_{jk} \mathbf{1} \\ \{\alpha_j, \beta\} &= 0 \\ \alpha_j^2 &= \beta^2 = \mathbf{1} \end{aligned} \quad (1.21)$$

where  $\mathbf{1}$  is the  $4 \times 4$  identity matrix. The solutions are easily found to have the energy eigenvalues  $E = \pm \sqrt{\mathbf{p}^2 c^2 + m^2 c^4}$ . (We will come back to this

later on.) It is also possible to show that the solutions are spin 1/2 particles and antiparticles (we will also discuss this later on).

However, the particle interpretation of both the Klein-Gordon and the Dirac equations was problematic. Although spin 1/2 appeared now in a natural way, the meaning of the negative energy states remained unclear. The resolution of all of these difficulties was the *fundamental idea* that these equations should *not* be regarded as the generalization of Schrödinger's equation for relativistic particles but instead as the *equations of motion of a field* whose excitations are the particles, much in the same way as the photons are the excitations of the electromagnetic field. In this picture particle number is not conserved but charge is. Thus, photons interacting with matter can create electron-positron pairs. Such processes do not violate charge conservation but the notion of a particle as an object that is fundamental and has a separate physical identity is lost. Instead, the field becomes the fundamental object and the particles become the excitations of the field. Thus, the relativistic generalization of Quantum Mechanics is Quantum Field Theory. This concept is the starting point of Quantum Field Theory. The basic strategy now becomes one in which one seeks for a *field theory* with specific *symmetry properties* and whose *equations of motion* are Maxwell, Klein-Gordon and Dirac's equations respectively. Notice that if the particles are to be regarded as the excitations of a field, there can be as many particles as we wish. Thus, the Hilbert space of a Quantum Field Theory has an arbitrary (and indefinite) number of particles. Such a Hilbert space is called a Fock space.

Therefore, in Quantum Field Theory the field is *not* the wave function of anything. Instead the field represents an infinite number of degrees of freedom. In fact, the *wave function* in a Quantum Field Theory is a *functional* of the field configurations which themselves specify the state of the system. We will see below that the states in Fock space are given either by specifying the number of particles and their quantum numbers or, alternatively, in terms of the amplitudes (or configurations) of some properly chosen fields.

Different fields transform differently under Lorentz transformations and constitute different representations of the Lorentz group. Consequently, their excitations are particles with different quantum numbers that label the representation. Thus,

- 1 The Klein-Gordon field  $\phi(x)$  represents charge neutral scalar spin-0 particles. Its configuration space is the set of mappings of Minkowski space onto the real numbers

$$\phi : \mathcal{M} \mapsto \mathbb{R} \tag{1.22}$$

or complex for charged spin-0 particles

$$\phi : \mathcal{M} \mapsto \mathbb{C} \tag{1.23}$$

2 the Dirac field represents charged spin-1/2 particles. It is a complex 4-spinor  $\Psi_\alpha(x)$  ( $\alpha = 1, \dots, 4$ ) and its configuration space is the set of maps

$$\Psi_\alpha : \mathcal{M} \mapsto \mathbb{C}^4 \tag{1.24}$$

while it is real for neutral spin-1/2 particles (such as neutrinos).

3 the gauge field  $A^\mu(x)$  for the electromagnetic field, and its non-Abelian generalizations for gluons (and so forth).

The description of relativistic quantum mechanics in terms of relativistic quantum fields solved essentially all of the problems which originated its initial development. Moreover, Quantum Field Theory gives exceedingly accurate predictions of the behavior of quantized electromagnetic fields and charged particles, as described by Quantum Electrodynamics (QED). Quantum Field Theory has also given a detailed description of both the strong and weak interactions in terms of field theories known as Quantum Chromodynamics (QCD), based on Yang-Mills gauge field theories, and Unified and Grand Unified theories (GUTs).

However, with its successes Quantum Field Theory also brought with it a completely new set of physical problems and questions. Essentially, any Quantum Field Theory of physical interest is necessarily a non-linear theory as it has to describe interactions. This implies that even although the quantum numbers of the excitations (*i.e.*, the “particle” spectrum) may be quite straightforward in the absence of interactions, the intrinsic non-linearities of the theory may actually unravel much of this structure. We should stress that the equations of motion of Quantum Field Theory are non linear, as they are also in Quantum Mechanics. However, the wave functional of a Quantum Field Theory obeys a linear Schrödinger Equation as much as the wave function does in non-relativistic Quantum Mechanics.

In the early days of Quantum Field Theory, and indeed for some time, it was assumed that perturbation theory could be used in all cases to determine the actual spectrum. It was soon found out that while there are several cases of great physical interest in which some sort of perturbation theory yields an accurate description of the physics, there are many more situations in which this is not the case. Early on it was found that, at every order in perturbation theory, there are singular contributions to many physical quantities. These singularities reflected the existence of an infinite number of degrees of

freedom, both at short distances, since space-time is a continuum (the *ultra-violet* domain (UV)), and at long distances, since space-time is (essentially) infinite (the *infrared* domain, (IR)). Qualitatively, there are divergent contributions in perturbation theory because degrees of freedom from a wide range of length scales (or wavelengths) and energy scales (or frequencies) give contributions to the expectation values of physical observables.

Historically, the way these problems were dealt with was through the process of regularization (*i.e.*, making the divergent contributions finite), and renormalization (*i.e.*, defining a set of effective parameters which are functions of the energy and/or momentum scale at which the system is probed). Regularization required that the integrals to be cutoff at some high energy scale (in the UV). Renormalization was then thought of as the process by which these arbitrarily introduced cutoffs were removed from the expressions for physical quantities. This was a physically obscure procedure, but it worked brilliantly in QED and, to a lesser extent, in QCD. Theories for which such a procedure can be implemented upon the definition of only a *finite* number of renormalized parameters (the actual input parameters to be taken from experiment) are said to be *renormalizable* quantum field theories. QED and QCD are the most important examples of renormalizable quantum field theories, although there are many others.

Renormalization implies that the connection between the physical observables and the parameters in the Lagrangian of a Quantum Field Theory is highly non-trivial, and that the spectrum of the theory may have little to do with the predictions of perturbation theory. This is the case in QCD whose “fundamental fields” involve quarks and gluons but the actual physical spectrum consists only of bound states whose quantum numbers are not those of either quarks or gluons. Renormalization also implies that the behavior of the physical observables depends of the scale at which the theory is probed. Moreover, a closer examination of these theories also revealed that they may exist in different *phases* in which the observables have different behavior, with a specific particle spectrum in each phase. In this way, to understand what a given Quantum Field Theory predicted became very similar to the study of phases in problems in Statistical Physics. We will explore these connections in detail later in this book when we develop the machinery of the Renormalization Group. In this picture, the *vacuum* (or ground state) of a quantum field theory corresponds to a *phase* much in the same way as in Statistical (or Condensed Matter) Physics.

While the requirement of renormalizability works for the Standard Model of particle physics it fails for Gravity. The problem of unifying Gravity with the rest of the forces of Nature remains a main problem in contemporary

physics. A major program to solve this problem is String Theory. String Theory is the only known viable candidate to quantize Gravity in a consistent manner. However, in String Theory, Quantum Field Theory is seen as an effective low energy (hydrodynamic) description of Nature, and the Quantum Field Theory singularities are “regulated” by String Theory in a natural way (but at the price of locality).